**Key Points**
- Position consistently
- May need 2 or more clinicians to position patient
- Flex upper leg when on side to maximize ulcer’s surface area and enhance visualization
- Place marked applicator beside a rigid ruler
- Measure in cm.

**Surface Area**
- Area = length x width
- Measure uninterrupted area
- Measure inside to inside

**Edges**
- Assess rolling, thickness, fibrosis, scarring, and hyperkeratosis
- Identify worst case

**Depth**
- Place on skin surfaces
- Measure to deepest aspect
- Mark vertical applicator

**Tunneling**
- Measure greatest distance
- Mark applicator where os and ulcer bed meet

**Undermining**
- Measure greatest distance
- Mark at ulcer edge

*Cannot see lift from tip*
*Can see lift from tip*
Exudate
- No exudate
- Serous: clear
- Sanguineous: bloody
- Green/Purulent: opaque

Necrotic Tissue
- Use transparent measuring guide
- Assess slough and eschar
- Add necrotic tissue amounts for %

SCI-PUMT Graph
Score = Geometric + Substance subscores

SCI-PUMT Specificity
The SCI-PUMT is specific to Stages II—IV and unstageable pressure ulcers. The reliability and validity of the PUMT have not been established to track healing of Stage I pressure ulcers, deep tissue injury, dermatitis, excoriations, macerations, skin tears, or neuropathic, venous, and arterial ulcers.