<table>
<thead>
<tr>
<th>Date</th>
<th>Admission – Day 1</th>
<th>Day 2</th>
<th>Day 3</th>
<th>Day 4 and Discharge</th>
</tr>
</thead>
</table>
| **Expected Outcomes** | □ Pt. starting to diurese  
□ Improved lung sounds  
□ O2 sat > 90% | □ Weight / edema down  
□ Labs within acceptable range  
□ Resp. status improves  
□ Diuresing continues | □ Weight / edema down  
□ Labs within acceptable range  
□ Resp. status improves  
□ Tolerating increased activity | □ Weight / edema down  
□ Labs within acceptable range  
□ Resp. status improves  
□ Tolerating increased activity |
| **Nutrition** | □ ___Gm Na+ diet  
Previous home restrictions | ___Gm Na+ diet  
Previous home restrictions | ___Gm Na+ diet  
Previous home restrictions | ___Gm Na+ diet  
Previous home restrictions |
| **Test / Treatments** | Foley needed?  
BMP  
BMP  
CBC  
Dig level if on Dig  
HgA1C if diabetes  
Lipid Profile  
TSH  
PT if on Coumadin  
CXR  
EKG  
ECHO % date  
Accurate I&O documented | May d/c foley if present and diuresing decreased  
BMP  
ECHO___%  
Accurate I&O documented and weights recorded | BMP  
Accurate I&O documented and weights recorded | BMP  
If ECHO not documented this admission why not?  
Accurate I&O documented and weights recorded |
| **Medications** | Saline lock  
ACE Inhibitor / ARB (if not, why not?)  
Aldactone  
Anticoagulant – Heparin / Lovenox  
Beta Blocker (if not, why not?)  
Bowel protocol  
Digoxin po / IV  
Lasix IV  
KCI  
• Reconcile home medications with physician | Reconcile discharge medications with physician  
Discharged on ACE / ARB? If not, why not?  
Discharged on Beta Blocker? Coreg / Toprol | Patient tolerating increased activity?  
Order PT/OT if needed. |
| **Activity** | As per physician order:  
• Bedrest  
• Up with assistance  
• BRP  
• Up ad lib | Progress activity as tolerated | |
| **Physical Assessment** | Wt________ Ht________  
Nursing assessments  
Dig level (if drawn) _________  
K+  
BUN/CR_________  
Hgb__________  
BP_________  
Pulse ox________  
Telemetry | Wt________  
Nursing assessments  
K+  
BUN/CR_________  
Hgb__________  
BP_________  
Pulse ox________  
Telemetry | Wt________  
Nursing assessments  
K+  
BUN/CR_________  
Hgb__________  
Pulse ox________  
Telemetry | Wt_________  
Nursing assessments  
K+  
BUN/CR_________  
Hgb__________  
Pulse ox________  
Telemetry  
Arrange home O2 if needed  
Telemetry |
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<td><strong>Patient Education</strong></td>
<td>Orient to patient pathway, unit and routines  Assess readiness to learn  Begin education if appropriate  Initiate other consults if needed:  • Skin Care  • Nutrition Services  • Social Work (assistance with meds, no insurance)  • PT/OT if needed</td>
<td>Confirm consults have seen patient  Begin reviewing discharge instructions with patient:  • Need to weigh daily at the same time wearing the same amount of clothing  • Low sodium diet  • Medications  • Signs / symptoms when to notify physician  • Need to keep follow-up appointments  • Activity restrictions</td>
<td>Continue to reinforce information:  • Need to weigh daily at the same time wearing the same amount of clothing  • Low sodium diet  • Medications  • Signs / symptoms when to notify physician  • Need to keep follow-up appointments  • Activity restrictions</td>
<td>Patient able to verbalize understanding of the need for:  • Weighing daily at the same time wearing the same amount of clothing  • Low sodium diet  • Medications  • Signs / symptoms when to notify physician  • Need to keep follow-up appointments  • Activity restrictions</td>
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<td>CHF discharge orders and instructions are appropriately placed in patient’s chart</td>
<td>Smoking Cessation documented (if applicable)</td>
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<td><strong>Discharge Planning</strong></td>
<td>Patient’s living situation:  Alone  Family  Current with home care?  SNF / ALF  Plan for transportation home?</td>
<td>Care manager to address discharge needs.</td>
<td>Discharge needs addressed / finalized  Home care________  Rehab________  SNF________</td>
<td>Needs addressed / finalized.  Home care / rehab arranged if needed  Transportation arranged  Home O2 set up and patient has tank</td>
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Memorial Health System  Memorial Hospital Central