# Heart Failure Clinical Pathway

<table>
<thead>
<tr>
<th>Date</th>
<th>Admission – Day 1</th>
<th>Day 2</th>
<th>Day 3</th>
<th>Day 4 and Discharge</th>
</tr>
</thead>
</table>
| Expected Outcomes | □ Pt. starting to diurese  
□ Improved lung sounds  
□ O2 sat > 90% | □ Weight / edema down  
□ Labs within acceptable range  
□ Diuresing continues  
□ Resp.status improves | □ Weight / edema down  
□ Labs within acceptable range  
□ Diuresing continues  
□ Resp.status improves | □ Weight / edema down  
□ Labs within acceptable range  
□ Diuresing continues  
□ Resp.status improves |
| Nutrition | □ ___ Gm Na+ diet  
Previous home restrictions | □ ___ Gm Na+ diet  
Previous home restrictions | □ ___ Gm Na+ diet  
Previous home restrictions | □ ___ Gm Na+ diet  
Previous home restrictions |
| Test / Treatments | Foley needed?  
BMP  
CBC  
Dig level if on Dig  
HgA1C if diabetes  
Lipid Profile  
TSH  
PT if on Coumadin  
CXR  
EKG  
ECHO %  
Accurate I&O documented and weights recorded | May d/c foley if present and diuresing decreased  
BMP  
ECHO %  
Accurate I&O documented and weights recorded | BMP  
Accurate I&O documented and weights recorded | BMP  
If ECHO not documented this admission why not?  
Accurate I&O documented and weights recorded |
| Medications | Saline lock  
ACE Inhibitor / ARB (if not, why not?)  
Aldactone  
Anticoagulant – Heparin / Lovenox  
Beta Blocker (if not, why not?)  
Bowel protocol  
Digoxin po / IV  
Lasix IV  
KCl  
Reconcile home medications with physician |  
| Activity | As per physician order:  
• Bedrest  
• Up with assistance  
• BRP  
• Up ad lib | Progress activity as tolerated  
Patient tolerating increased activity?  
Order PT/OT if needed. |  |
| Physical Assessment | Wt.  
Nursing assessments  
Dig level (if drawn)  
K+  
BUN/CR  
Hgb  
BP  
Pulse ox  
Telemetry | Wt.  
Nursing assessments  
K+  
BUN/CR  
Hgb  
BP  
Pulse ox  
Telemetry | Wt.  
Nursing assessments  
K+  
BUN/CR  
Hgb  
Pulse ox  
Telemetry | Wt.  
Nursing assessments  
K+  
BUN/CR  
Hgb  
Pulse ox  
Telemetry  
Arrange home O2 if needed  
Telemetry |
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<td><strong>Patient Education</strong></td>
<td>Orient to patient pathway, unit and routines Assess readiness to learn Begin education if appropriate Initiate other consults if needed:  - Skin Care  - Nutrition Services  - Social Work (assistance with meds, no insurance)  - PT/OT if needed CHF discharge orders and instructions are appropriately placed in patient’s chart Smoking Cessation documented (if applicable)</td>
<td>Confirm consults have seen patient Begin reviewing discharge instructions with patient:  - Need to weigh daily at the same time wearing the same amount of clothing  - Low sodium diet  - Medications  - Signs / symptoms when to notify physician  - Need to keep follow-up appointments  - Activity restrictions CHF discharge orders and instructions are appropriately placed in patient’s chart</td>
<td>Continue to reinforce information:  - Need to weigh daily at the same time wearing the same amount of clothing  - Low sodium diet  - Medications  - Signs / symptoms when to notify physician  - Need to keep follow-up appointments  - Activity restrictions Patient able to verbalize understanding of the need for:  - Weighing daily at the same time wearing the same amount of clothing  - Low sodium diet  - Medications  - Signs / symptoms when to notify physician  - Need to keep follow-up appointments  - Activity restrictions</td>
<td>Patient has viewed CHF education and questions have been answered. Smoking Cessation documented (if applicable) CHF discharge orders and instructions are appropriately placed in patient’s chart</td>
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<td><strong>Discharge Planning</strong></td>
<td>Patient’s living situation:  - Alone  - Family  - Current with home care? SNF / ALF Plan for transportation home?</td>
<td>Care manager to address discharge needs. Discharge needs addressed / finalized  - Home care  - Rehab  - SNF</td>
<td>Needs addressed / finalized.  - Home care / rehab arranged if needed  - Transportation arranged  - Home O2 set up and patient has tank</td>
<td></td>
</tr>
</tbody>
</table>

Signature _______________  Signature _______________  Signature _______________  Signature _______________  Signature _______________  Signature _______________  Signature _______________  Signature _______________