MIDAS QUERI advances VHA’s High Reliability Organization vision of zero preventable Veteran harms by partnering with 2 National VA Program Offices and 2 VISNs to evaluate strategies to help providers optimize use of evidence-based treatments, reducing unsafe or ineffective use of targeted evidence-based treatments. MIDAS QUERI will deliver the LEAP quality improvement (QI) learning program to 80 frontline teams and provide enhanced Academic Detailing to 800+ VHA employees.

Sustaining Use of Evidence-based Treatments

MIDAS QUERI and key National and VISN Partners have co-developed 3 projects to address high priority issues in evidence-based treatment use. For each project, program office partners have rolled out initial implementation efforts; however, VHA facilities have significant challenges in optimizing and sustaining use of evidence-based treatments.

Pharmacy Benefits Management (PBM), VISNs 10 & 15

**Project 1:** Improve patient safety, comfort, and medication compliance by reducing/deprescribing unnecessary medications

- **PBM & VISN 10:** Address appropriate deprescribing in older adults

**Project 2:** Reduce unsafe use of Direct Oral Anticoagulants (DOACs) for patients with venous thromboembolic disease and atrial fibrillation

- **VISN 15:** Address overuse of DOACs

Office of Mental Health and Suicide Prevention (OMHSP)

**Project 3:** Increase use of Cognitive Behavioral Therapy for Insomnia as first-line treatment of insomnia disorder

- **OMHSP:** Address overuse of sleep medications
LEAP and Academic Detailing to Support Sites

Guided by the QUERI Implementation Roadmap and Dynamic Sustainability Framework, MIDAS QUERI uses the Learn. Engage. Act. Process. (LEAP) QI learning program and enhanced Academic Detailing to support **dynamic, sustained, frontline-driven, and data-informed adaptations and improvements** to integrate evidence-based treatments into routine practice.

Teams engage in a structured, hands-on QI training, completing multiple cycles of change

- **Model for Improvement**
  - plan
  - do
  - act
  - study
  - measures
  - changes

- **Quality Improvement Training**
  - Virtual learning collaboratives
  - Individual coaching
  - QI project: Measurable improvement in clinical practices
  - Patient-centered data
  - Online platform

### Enhanced Academic Detailing (eAD)
Providers and staff receive education from an Academic Detailer and local facility champion.

- **Academic Detailer**
  - Deliver in-person detailing
  - Deliver follow-up detailing session

- **Local Champion**
  - Identify employees to receive detailing
  - Deliver 1+ additional sessions

#### Key impacts and future directions

By October 2025, the MIDAS QUERI will develop the following products:

- **Strategies for engaging “late adopter” facilities** in sustained use of evidence-based treatments
- **Playbooks** with tips and resources to guide teams and individual employees in use of 3 EBPs
- **Business cases** targeted to VHA national, VISN and local leaders and frontline employees to show benefits for the patient (e.g., reduced preventable ED visits), staff (e.g., lower burnout, increased capacity for change), clinic (increased use of EBPs), and system (e.g., reduced costs from fewer ED visits); this strategy will serve to solidify optimized integration of evidence-based treatments by highlighting value propositions to build commitment at multiple levels.
- **Solid, productive partnerships** between QUERI investigators and operational leaders at multiple levels

For more information, check out: [https://www.queri.research.va.gov/programs](https://www.queri.research.va.gov/programs)

If you would like to learn more or partner with us, please contact our Program Manager, William Nganongo, at William.Nganongo@va.gov.

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