

MIDAS QUERI Program

VA



U.S. Department of Veterans Affairs

Veterans Health Administration

Quality Enhancement Research Initiative

Promoting effective evidence-based treatments

The Maintaining Implementation through Dynamic Adaptations (MIDAS) QUERI Program is advancing VHA's High Reliability Organization vision of zero preventable Veteran harm by partnering with **2 National VA Program Offices and 1 VISN** to evaluate strategies to help providers optimize use of evidence-based treatments and reduce unsafe or ineffective use of targeted evidence-based treatments. MIDAS will deliver the Learn. Engage. Act. Process. (LEAP) quality improvement strategy to up to **50 frontline teams** and provide enhanced Academic Detailing for up to **500 VA employees**.

Sustaining Use of Evidence-based Treatments

MIDAS is working closely with national and VISN partners to **optimize and sustain use of evidence-based treatments** through scaling up and spreading evidence-based practices.



Pharmacy Benefits Management (PBM) and VISN 10

Evidence-based practice 1: Improve patient safety, comfort, and medication compliance by deprescribing unnecessary medications in older adults through use of [VIONE](#), a VA-developed medication management approach to reduce polypharmacy.

Evidence-based practice 2: Reduce unsafe use of Direct Oral Anticoagulants (DOACs) for patients with venous thromboembolic disease and atrial fibrillation.



Office of Mental Health and Suicide Prevention (OMHSP)

Evidence-based practice 3: Address overuse of sleep medications by increasing use of Cognitive Behavioral Therapy for Insomnia as first-line treatment of insomnia disorder.

Evidence-based practice 4: Address the Veteran Health Administration's (VHA) goal of preventing Veteran suicide by increasing referrals to the Suicide Prevention 2.0 Clinical Telehealth (SP 2.0) initiative, a program that incorporates evidence-based psychotherapies for suicide prevention.

Successful delivery of these treatments will help **reduce emergency department (ED) visits and hospital admissions** by preventing harmful side effects.

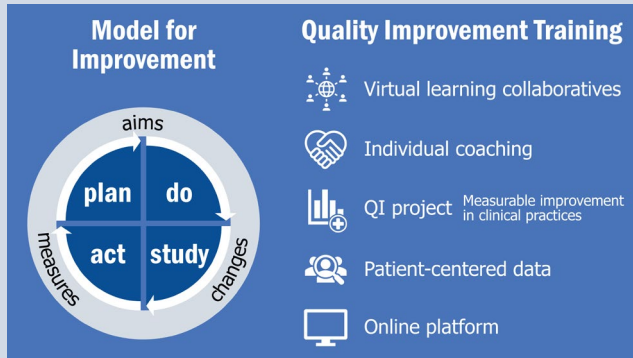


Supporting sites using LEAP and Academic Detailing

Guided by the QUERI Implementation Roadmap and Dynamic Sustainability Framework, MIDAS uses Learn. Engage. Act. Process. ([LEAP](#)) and enhanced Academic Detailing (eAD) strategies to support **dynamic, sustained, frontline-driven, and data-informed adaptations and improvements** to integrate evidence-based treatments into routine practice.

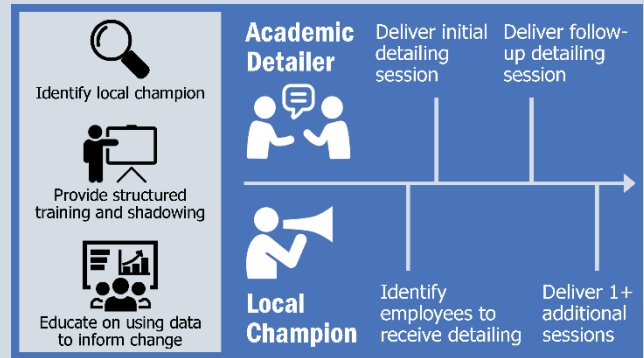
Learn. Engage. Act. Process. (LEAP)

Teams engage in a structured, hands-on QI training, completing multiple cycles of change



Enhanced Academic Detailing (eAD)

Providers and staff receive education from an Academic Detailer and local facility champion.



Creating tools and strategies for national implementation efforts

MIDAS is developing the following methods and products to support national implementation of the effective practices:



Strategies for engaging “late adopter” facilities in sustained use of evidence-based treatments



Playbooks with tips and resources to guide teams and individual employees in use of EBPs



Business cases targeted to VHA national, VISN and local leaders and frontline employees to show benefits of these strategies for the Veteran (e.g., reduced preventable ED visits), staff (e.g., lower burnout, increased capacity for change), clinic (increased use of EBPs), and system (e.g., reduced costs from fewer ED visits); this strategy will serve to solidify optimized integration of evidence-based treatments by highlighting value propositions to build commitment at multiple levels.



Solid, productive **partnerships** between QUERI investigators and operational leaders at multiple levels

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Location:

Ann Arbor, MI

If you would like to learn more or partner with us, please contact Lacey Evans at Lacey.Evans@va.gov.