

Tobacco Dependence Treatment Order Form

Date:

Time:

Patient Imprint

Medication (for current smokers): *Refer to Package Insert for Complete Usage Instructions*

Nicotine Patch

- <10 cigarettes / day: 14 mg patch, replace patch every 24 hours, rotate application site
- \geq 10 cigarettes / day: 21 mg patch, replace patch every 24 hours, rotate application site

Nicotine Gum

- <25 cigarettes / day: 2 mg gum, 1 piece every 1-2 hours while awake, patient must **activate** gum by chewing slowly until peppery/tingling sensation appears, then **park** between cheek and gums until sensation disappears. Reactivate gum by chewing slowly until sensation reappears, then re-park. Gum should be removed after 30 minutes.
- \geq 25 cigarettes / day: 4 mg gum, 1 piece every 1-2 hours while awake, patient must **activate** gum by chewing slowly until peppery/tingling sensation appears, then **park** between cheek and gums until sensation disappears. Reactivate gum by chewing slowly until sensation reappears, then re-park. Gum should be removed after 30 minutes.

Nicotine Lozenge

- First cigarette >30 minutes after waking: 2 mg lozenge, 1 lozenge every 1-2 hours while awake, patient should use like a cough drop, do not chew or swallow.
- First cigarette \leq 30 minutes after waking: 4 mg lozenge, 1 lozenge every 1-2 hours while awake, patient should use like a cough drop, do not chew or swallow.

Bupropion SR tablets

- 150 mg QD for 3 days, then 150 mg BID

Varenicline tablets

- 0.5 mg QD for 3 days, then 0.5 mg BID for 4 days, then 1 mg BID

Inpatient Education (for current smokers and smokers who quit <12 months ago):

- Provide counseling to this patient on cessation
- Provide patient with education materials and resources

Discharge and Follow-up (for current smokers and smokers who quit <12 months ago):

- Refer patient to _____ for additional assistance
- Provide patient with discharge prescription for cessation medication

Physician / Provider Signature: _____

Check if applicable:

- Patient refused treatment
- Neurological deficits preclude counseling
- Physical/mental status prevents patient from smoking