

**CHF QUERI: Impacts, Contributions and Products 2008**

Description	Center Goal
<b><u>CLINICAL PRACTICE PRODUCTS</u></b>	
<b>Clinician education materials</b>	
<ul style="list-style-type: none"> <li>• National Heart Failure Training for Improved Patient Care (N-HeFT) with customized accredited training at 32 host sites across the country. Focus is to disseminate best practices to interdisciplinary medical teams who are eager to learn and enhance their care for HF patients.</li> </ul>	Goals 1,2
<b>Patient education materials</b>	
<ul style="list-style-type: none"> <li>• HF-related patient education materials. They have been incorporated on My Health eVet. These materials are listed below</li> </ul>	Goals1,2
<ul style="list-style-type: none"> <li>○ Caregiving: Caregiving for Heart Failure Patients</li> </ul>	
<ul style="list-style-type: none"> <li>○ Caregiving: Innovative Caregiver Practices</li> </ul>	
<ul style="list-style-type: none"> <li>○ Caregiving: Living with Advanced Congestive Heart Failure: A Guide for Family Caregivers</li> </ul>	
<ul style="list-style-type: none"> <li>○ Caregiving: Supporting Veterans' Caregivers: A Frequently Asked Questions Guide</li> </ul>	
<ul style="list-style-type: none"> <li>○ Diet: Fluids</li> </ul>	
<ul style="list-style-type: none"> <li>○ Diet: Sodium-Foods to choose when you shop</li> </ul>	
<ul style="list-style-type: none"> <li>○ Discharge: CHF Discharge Instructions</li> </ul>	
<ul style="list-style-type: none"> <li>○ Exercise: How Do I Get Started with Increasing My Physical Activity?</li> </ul>	
<ul style="list-style-type: none"> <li>○ Exercise: Walking Is Fun...and Good for You</li> </ul>	
<ul style="list-style-type: none"> <li>○ General: Congestive Heart Failure #1</li> </ul>	
<ul style="list-style-type: none"> <li>○ General: Congestive Heart Failure #2</li> </ul>	
<ul style="list-style-type: none"> <li>○ General: Congestive Heart Failure #3</li> </ul>	
<ul style="list-style-type: none"> <li>○ General: Congestive Heart Failure #4</li> </ul>	
<ul style="list-style-type: none"> <li>○ General: Guidelines for Living with CHF</li> </ul>	
<ul style="list-style-type: none"> <li>○ General: Living with CHF</li> </ul>	

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<ul style="list-style-type: none"> <li>○ General: Health Tips for Heart Failure</li> </ul>	
<ul style="list-style-type: none"> <li>○ General: Heart Failure Handbook</li> </ul>	
<ul style="list-style-type: none"> <li>○ General: Living with Heart Failure</li> </ul>	
<ul style="list-style-type: none"> <li>○ General: Patient Form #1</li> </ul>	
<ul style="list-style-type: none"> <li>○ General: Questions about CHF</li> </ul>	
<ul style="list-style-type: none"> <li>○ General: Success with Heart Failure</li> </ul>	
<ul style="list-style-type: none"> <li>○ General: Taking Control</li> </ul>	
<ul style="list-style-type: none"> <li>○ General: Heart Failure Pocket Card</li> </ul>	
<ul style="list-style-type: none"> <li>○ General: Understanding Heart Failure</li> </ul>	
<ul style="list-style-type: none"> <li>○ Medication: Health Tips for Heart Failure: Medications</li> </ul>	
<ul style="list-style-type: none"> <li>○ Medication: Medication List</li> </ul>	
<ul style="list-style-type: none"> <li>○ Weight: Daily Weight Log</li> </ul>	
<ul style="list-style-type: none"> <li>○ Weight: Heart Failure-Daily Weights</li> </ul>	
<ul style="list-style-type: none"> <li>○ Weight: Watching Your Weight with CHF</li> </ul>	
<p><b>Other clinical practice support tools</b></p>	
<ul style="list-style-type: none"> <li>● Picture Embedded Medication Sheet: The idea of developing a picture embedded medication sheet for patients based on input from a nurse practitioner as a member of the HF Network. In collaboration with the Consolidated Mail Outpatient Pharmacy and Pharmacy Benefits Management Service this sheet has been developed. We are discussing availability of the link to access this sheet on the MHV website.</li> </ul>	Goals 1,2
<ul style="list-style-type: none"> <li>● Heart Failure Survey: This survey has been piloted at the Palo Alto VA HCS. As part of cardiology practice the survey is sent to every new patient with a diagnosis of heart failure. We have found that 20-25% of those not already enrolled in CCHT express interest in home monitoring. As the next step we are discussing the roll out of this survey to VISN23.</li> </ul>	Goals 1,2
<ul style="list-style-type: none"> <li>● ATHENA: This Hypertension Decision Support Tool Created by Executive Committee Member, Mary Goldstein will be modified to provide heart failure decision support when the left ventricular ejection fraction is available electronically.</li> </ul>	Goals 1,2

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<ul style="list-style-type: none"> <li>● KCCQ: The Kansas City Cardiomyopathy Questionnaire (KCCQ) has been developed by an Executive Committee Member, John Spertus. It is a heart failure-specific measure of health status and quality of life that has been shown to be reliable and highly responsive to clinical changes deemed important by cardiologists. In a study that included a large sample of veterans the summary score from the KCCQ provided additional prognostic information to standard demographic, clinical and laboratory data for the outcomes of survival and hospitalization for heart failure. It is being posted on the MHV website to allow patients to assess the quality of their own care will help patients ask appropriate questions of their providers, and ultimately will lead to better treatment including adherence to VA performance measures.</li> </ul>	Goals 1,2
<ul style="list-style-type: none"> <li>● Heart Failure Programs: Successful heart failure programs at various facilities focusing on various key areas have been identified and posted on CHF QUERI's website. Titles of these HF programs are listed below.</li> </ul>	Goals 1,2
<ul style="list-style-type: none"> <li>○ Get With the Guidelines: Heart Failure</li> </ul>	
<ul style="list-style-type: none"> <li>○ Heart Failure Class III and IV</li> </ul>	
<ul style="list-style-type: none"> <li>○ The VASDHS Heart Failure Performance Improvement Team Creates a New System</li> </ul>	
<ul style="list-style-type: none"> <li>○ A Comprehensive Heart Failure Management Program: A Collaboration of Primary Care, Specialty Care, Nursing and Pharmacy</li> </ul>	
<ul style="list-style-type: none"> <li>○ Effectiveness of Controlled-Release Metoprolol versus Carvedilol as Prescribed for Veterans with Heart Failure</li> </ul>	
<ul style="list-style-type: none"> <li>○ Pharmacist-led CHF clinic for Patients Recently Discharged from CHF Admission</li> </ul>	
<ul style="list-style-type: none"> <li>○ Reinventing the HF Program at Tucson VA</li> </ul>	
<ul style="list-style-type: none"> <li>○ Heart Failure Shared Medical Appointment: Improving Quality through Interdisciplinary Service Delivery</li> </ul>	
<ul style="list-style-type: none"> <li>○ Heart Failure Disease Management in the North Florida/South Georgia VHS</li> </ul>	
<ul style="list-style-type: none"> <li>○ CHF Team Approach</li> </ul>	
<ul style="list-style-type: none"> <li>○ National Heart Failure Training for Improved Patient Care N-HeFT</li> </ul>	
<ul style="list-style-type: none"> <li>○ Minneapolis VAMC HF Telehealth Clinic</li> </ul>	
<ul style="list-style-type: none"> <li>○ Long Distance Titration of Heart Failure Medications by Telephone Calls</li> </ul>	